

# Boost Focus Fuel

*Boost metabolism, sharpen focus and fuel energy!*

**Boost Focus Fuel** makes it easier to make healthy choices so you can lose weight, look lean and feel great.

Our proprietary blend of organic plants helps **boost** metabolism, sharpen **focus** and **fuel** natural energy.

With organic teas, herbs and fruits, **Boost Focus Fuel** is a completely natural way to meet your weight management goals and have lasting energy.\*



## The Good Inside

- 90 capsules (30-day supply).  
Take 3 capsules a day, before or with meals.
- **Proprietary Boost Focus Fuel Blend**  
Organic Garcinia Cambogia Extract, Organic Cocoa, Organic Green Coffee Bean Extract, Organic Green Tea Extract, Organic Eleuthero Root, Organic Matcha Green Tea, and Organic Rhodiola Rosea Extract
- Other Ingredients: Vegetarian Capsule



### Boost

Get your body back to burning calories and fat at optimal levels.

Natural compounds in organic **green coffee beans** and organic **green tea** give your metabolism a meaningful short-term boost.\*



### Focus

It's hard to stay focused when you're hungry and thinking of food.

**Boost Focus Fuel** has organic extracts that help curb appetite and cravings. Plus organic **green tea** supports mental clarity and sharpness.\*



### Fuel

Get powered up to conquer any workout or workday.

Adaptogen herbs—organic **Rhodiola rosea** and organic **eleuthero root**—provide natural energy and promote endurance throughout the day.\*



## Doctor Recommended

“Through metabolism support, reduced cravings and increased energy, **Boost Focus Fuel** provides effective weight management support, making it easier for people to make healthy lifestyle choices.”

—Stephen A. Aiello, M.D., Triple Board Certified—Internal Medicine; Geriatrics; Holistic & Integrative Medicine



**touchstone essentials**

TheGoodInside.com