



# CORE

## Balancing Blend

Like a meditative stroll through a deep and fragrant forest, notes of wood and subtle spice help intent to turn inward; achieving centeredness and connection.

Find balance with CORE.



## FEATURES

Atlas Cedar, Spruce, Ho Leaf, Blue Tansy, Frankincense, Chamomile

- Perfect to diffuse during meditation, yoga, writing or sketching
- Use with Nature's Sunshine Massage Oil for a quiet, relaxing massage

## INGREDIENTS

100% pure essential oils of *Cedrus atlantica* (Atlas Cedar) wood, *Tsuga canadensis* (Spruce) leaf, *Cinnamomum camphor ct linalool* (Ho Leaf), *Tanacetum annuum* (Blue Tansy) leaf and flower, *Boswellia carteri* (Frankincense) gum resin, *Anthemis nobilis* (Roman Chamomile) flower.

## RECOMMENDED USE

Essential oils may be used aromatically or topically in a variety of ways including diffusers, massage, compresses, baths, scrubs, lotions and sprays. Essential oils should be diluted with Nature's Sunshine Massage Oil or Carrier Oil before applying topically.

## COMPLEMENTARY PRODUCTS

Flower Essences, Nature's Fresh Enzyme Spray, Aroma Ball Plug-in Diffuser

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Product Stock Number: **3873-9 (15ml)**

**NATURE'S SUNSHINE®**